

## PREVIEW\_ Kailash Chand - Interview (Manchester 2017) 1

**Dr. Chand:** 70% to 80% of consultations with a GP, a clinician or even hospitals are essentially lifestyle or diet related. And obesity and diabetes tops it. Now look at it, if we were able to tackle diabetes, how much we could reduce the cost and how much we can improve the health of the nation.

So in a way I made it really my mission for the last several years that if you want to sustain this brilliant NHS as they call it, I think it was the first and only universal healthcare we have in the world and then we want to maintain it.

And to maintain it we have to really tackle not only diabetes as a symptom, but the causes of the diabetes. I think is perhaps the people are missing the plot.